

**“BIOSPHERE LIVING”
ON YOUR HOLIDAY
IN BETTY’S BAY**



If you love being in nature and spending time at the beach, on the mountains or at the lakes, then Betty’s Bay in the Kogelberg Biosphere is a great place for a holiday. Perhaps you have come to relax, curl up with a book, watch the sunrise, sunsets and the stars, see the penguins or go birdwatching in this beautiful and peaceful place. Maybe you prefer to have an active holiday where you can walk, run, cycle, swim, canoe or hike. Betty’s Bay offers all these opportunities.



We would like to make you aware of some “biosphere living” information to make your stay and that of your neighbours, both human and wildlife, a more pleasant and safer one for all.

FANTASTIC FYNBOS

Betty’s Bay is situated in the transitional zone of the Kogelberg Biosphere. This area is often known as the heart of the Cape Floral Kingdom and has a vast biodiversity of beautiful fynbos species. This natural vegetation is also home and habitat for our wildlife.



WONDERFUL WILDLIFE

Betty’s Bay has a rich variety of wildlife such as grysbok, baboons, genets, porcupines; reptiles such as tortoises, chameleons and snakes; interesting insects and many beautiful sea and land birds. Please don’t feed,

interfere or disturb the wildlife - they are not pets.



Snakes

They live here too. There is no need to kill one if you see it. If you need help to have a snake removed from your house, contact a snake handler:

Mike Green Betty’s Bay	082 2125116
Michele Watson Rescue Centre	073 3140674
Johan Westland Kleinmond	066 4995087



Stranded Seals

If you see a stranded seal on the beach, please follow the guidelines below and call the Hout Bay Seal Rescue on 072 9885193.



Turtle Rescue

At certain times of the year, turtle hatchings or adult turtles may get washed up on the beaches.

If you find one, please call the Rescue Hotline on 083 3001663

SAVING SEA TURTLES
RESCUE HOTLINE: 083 300 1663

Two Oceans Aquarium FOUNDATION

WHAT TO DO IF YOU FIND A TURTLE HATCHLING

- Don't pick the hatchling up. Leave it on the beach.
- Don't touch the hatchling. It has a protective coating.
- Don't pick up or move the hatchling. It has a protective coating.
- Don't touch the hatchling. It has a protective coating.
- Don't touch the hatchling. It has a protective coating.

WHAT TO DO IF YOU FIND A LARGE SEA TURTLE

- Don't touch the turtle. It has a protective coating.
- Don't touch the turtle. It has a protective coating.
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- Don't touch the turtle. It has a protective coating.

NORTHERN RNZ

- SEA TURTLE NESTING:** Nesting season is between October and December.
- THE HATCHLING JOURNEY:** Hatchlings take the north Atlantic current down South Africa and around our southern coastline.
- THREATS TO NESTING SITES:** As the season changes there is a risk the hatchlings will enter coastal areas.
- SEASIDE SPECIES OF NESTING TURTLES:** Includes Loggerhead and Leatherback turtles lay their eggs on our beaches. Monitor their movements.
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Thank you for caring about our seals about_bay_seal_rescue_centre

African Penguins at Stony Point

Visiting the critically endangered African penguins is a very popular tourist attraction. See the guidelines for visitors to Stony Point: <https://bettysbayconservancy.co.za/guidelines-for-visitors-to-the-african-penguin-colony-at-stony-point-bettys-bay/>

Sometimes the penguins shelter under a car, so remember to do a quick "penguin peek" under your car in the car park before you drive off.



Some of the penguins walk in the roads near the colony at dusk and dawn, so please drive slowly in that area.



If you see an injured penguin, please call:

Marine Protected Area	082 4530835
SANCCOB	021 557 6155 or 078 638 3731 (a/h)

Nesting Shorebirds on the Betty's Bay beaches

The White-fronted plovers breed all year round.



The African Black Oystercatchers breed on our beaches between October and April, peaking in December/January. The parents sit on their eggs to keep them cool in the summer heat. If the parents are disturbed by people or dogs, they move off the nest. This exposes the eggs to the heat and they can overheat.



Please watch out for the signage on the beaches, give the birds a safe space and keep your dogs on a leash.



- Be aware of the signs and stick markers indicating nesting areas.
- In the case of the oystercatcher, listen for their "alarm call" indicating the proximity of chicks.
- Give nests plenty of space in order not to scare parent birds off their eggs.
- Watch where you step to avoid standing on eggs or chicks. Ideally, walk along the wet sand close to the water's edge.
- Keep dogs leashed when walking on the beach as per the bylaw.

Betty's Bay Baboons



Betty's Bay has a baboon troop that forages in the fynbos. All homes and businesses are required by law to have **baboon-proof bins**.

If you want to be added onto a **baboon early warning WhatsApp** group for the days that you are on holiday in Bettys Bay, please WhatsApp Renee of Bettys Bay Baboon Action Group (BBBAG) on 060 6567341.

This group will alert you to when the baboons are moving and foraging in your area so that you can close up windows or doors as required. The baboon monitors also sound vuvuzelas to warn residents that the baboons are nearby. If there is no waste or accessible food, the baboons pass through the area quickly. If you don't yet have a baboon-proof bin, here is a list of possible options:

SUPPLIERS OF BABOON-PROOF BINS

	<p>SOLID WHEELIE BINS complete with galvanized metal baboon locks R1650 ELSA 083 283 7362 / RENEE 060 656 7341</p>
	<p>LOCKING DEVICES ONLY R690 (available for some models of wheelie bins) ELSA 083 283 7362 / RENEE 060 656 7341</p>
	<p>CUSTOMISED LOCKABLE SMALL HOLE MESH LIDS for older style cages on poles Prices start at R750 CONTACT JACQUES MOSTERT 082 266 8814</p>
	<p>MESH ENCLOSURE WITH ROUND BIN 700X500mm R1800 includes installation Customised sizes available CONTACT PETER HAWKINS 083 703 7340</p>
	<p>DECKING WOOD ENCLOSURE WITH ROUND BIN 700X500mm R2400 includes installation Customised sizes available CONTACT PETER HAWKINS 083 703 7340</p>



SPEEDING ON THE R44

Speeding motorists and bikers are causing the deaths of much wildlife on the roads. There are many slow moving wildlife residents, such as tortoises, who cross the village roads and the R44. The speed limit is 80 km/h on the R44 through Betty's Bay and 40km/h on the roads in the village.



Please stick to the speed limits and keep an eye open for wildlife such as grysbok during the day and night and give them a chance to cross the roads safely.

R44 – “Remember Four Facts”:

- Speeding motorists have died
- Speeding bikers have died
- Our wildlife crosses the R44
- Our wildlife has been hit

Drive slowly and be an “R44 Lifesaver”



Report injured wildlife to:

Kogelberg Biosphere Wildlife Centre	073 3140674
CapeNature	082 7838585

PETS IN THE BIOSPHERE

There is an Overstrand Municipality bylaw that requires dogs to be on leashes in public places. For the sake of our wildlife, please respect this bylaw.



While dogs are allowed to enjoy the beaches and coastal paths, their movements are restricted to comply with the Overstrand Municipality's By-law on Dogs and Cats as well as international Blue Flag requirements.

Section 6(2) and (3) of the above by-law are clear both in context and literal interpretation: “No person may or cause to allow any dog to be in a public place unless it is kept on a leash.” Note that public spaces include any beach, road, path, bridge, footpath or garden, and any other place under the control of the municipality.

Please be a courteous dog owner and pick up your pooch's poop 😊.



Many domestic cats are notorious hunters and catch birds and little creatures in the fynbos. We would appreciate it if you can keep them in at night to protect the wildlife. Should your pet go missing while you are on holiday, try and contact Kleinmond Animal Welfare Society (KAWS) in case they have been taken there.

KAWS	028 271 5004 /h Emergency 084 2461869
Law Enforcement	028 271 8152

Local vets:

Dr Floris Kruger	028 8800094
Dr Peter Dave	028 2714183

WEEKLY WASTE

Waste collection days take place on:

Tuesday	Sunny Seas/Jock's Bay
Wednesday	rest of Betty's Bay

Please don't leave your waste in bags outside your house or on the verges.

If the house you stay in doesn't have a bin, please don't drive away and leave waste on the verge, rather take it to the nearest drop-off on your way out.

Betty's Bay drop-off on Clarence Drive, opposite the Caltex garage	Open daily: 08:00 - 16:00 household waste, black and recycling bags
Kleinmond drop-off , on the left as you enter Kleinmond from Betty's Bay	Weekdays: 07:30 - 18:00 Weekends/public holidays: 08:00 -16:00 builder's rubble, garden waste, general household waste:

Separate the **recycling** into clear bags and place this into the bin as well.

Recycling!

What can you put in that clear bag?

Yes!

- Tetrapacks: fruit, milk and wine cartons
- Cardboard boxes and cartons
- Paper: office, newsprint, brown and glossy paper, magazines
- Small cartons and cardboard
- Egg boxes
- Glass bottles and jars
- Cool drink cans and food tins
- Spray cans: deodorant, hair and household cleaners
- Plastic cooldrink, water, milk bottles and jars
- Plastic yoghurt and ice-cream containers
- Plastic household cleaning bottles
- Plastic bubble wrap
- Plastic bread bags and soft packaging
- Plastic cling wrap
- Plastic food containers
- Polystyrene packaging blocks

No!

- Broken windows, windscreens and pyrex
- Varnish & paint tins
- Polystyrene food trays
- Cooking oil bottles
- Plastic foil bags
- Plastic bags or pieces with stickers on
- Sackers on cling wrap
- Food containers with stickers on

Before you put the items in your clear bag:

1. Rinse out dairy and food leftovers from bottles and containers.
2. Flatten the cardboard boxes.
3. Flatten the tetrapacks and remove plastic caps.
4. Remember to collect bread tags, caps for local charities for re-use or recycling.

Note: Items are added or removed from this list depending on the current recycling markets.

If you have left over food items, these can be taken to The Butterfly Effect who help needy people and animals in the area.

Butterfly Effect:

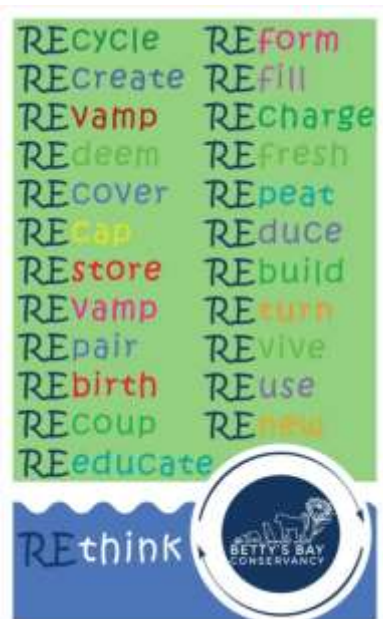
082 8830580

Unwanted household and other goods

These can be donated to the many charity shops in the area who support children, adults and animals.

Butterfly Effect	082 8830580
Penguin Kidz	082 4425544
KidsCan	079 0540744
KAWS	028 2715004
Oom Petrus	073 0281151

There are so many ways to “reuse” and repurpose items and decrease what gets thrown away and sent to the landfill.



LITTER

In a windy place like Betty's Bay, the litter gets blown into the bushes, onto the beaches and into the sea. It is dangerous for our terrestrial and marine wildlife. Please pop your litter into the public bins and help to save our wildlife from injury and death.



LIGHTS AT NIGHT

Betty's Bay has no streetlights and this offers amazing stargazing opportunities. It's the night lights from many of the houses that cause much “light pollution” and disturbance to both people and wildlife. Please turn off all unneeded lights at night and use shielded, downlights or motion lights. Your lights may

be shining into your neighbours property and home and negatively impacting their evenings. Please be respectful of them and close up your blinds and curtains at night.

This light pollution also impacts many nocturnal wildlife who feed and move under the protection of the dark.

Bad types of external lighting that shine light upwards and outwards:



Good types of external lighting that shine light downwards:



NOISY NEIGHBOURS

If you take the time to stop and listen, Betty's Bay is a peaceful place and you can hear the sound of the waves and birdsong. This peacefulness is why many people come here. Please respect this and don't blare your favourite music, TV programs or sound system. You can enjoy yourself with a **respectable volume of noise** without imposing it on your neighbours.

Noisy "party houses" may get reported to SAPS by the frustrated neighbours.

EMERGENCIES

FIRE!



Wind and fire are a dangerous combination in fire seasons. Depending on where you stay, some areas of Betty's Bay are renowned for being windy!

Please don't braai outdoors in strong winds, leave your fire unattended or leave it without completely dousing it. It just takes one spark in a wind to start a fire. To report a fire call Overstrand Fire and rescue on 028 3122400.

MEDICAL EMERGENCIES

If you are in need of a doctor or medical help during your holiday, here is a list of contact numbers:

Local Doctors

Betty's Bay	
Dr Greeff	028 2729999 a/h: 082 659 9437
Kleinmond	
Drs Du Plessis & van Niekerk	028 271 4227
Dr Morkel	028 271 4227
Pringle Bay	
Dr Audrey Zietsman	071 687 3825
Dr Gary Hudson	073 816 6763 (Office) WhatsApp only

Local Hospitals

Hermanus Hospital	028 312 1166
Hermanus Mediclinic	086 1732826
Helderberg Hospital	021 8504700
Vergelegen Mediclinic	086 133 5566 emerg 021 850 6335

Ambulance Services

Provincial	10177
Hermanus	066 222 7219
ER24 Somerset West	084 124
CMC	066 222 7219 or 028 0010544

Dentists

Kleinmond	
Dr Duvenhage	028 271 3467 / 082 861 0616
Dr Engelbrecht	028 271 3662 / 028 271 3667
Dr Klopper	028 271 3266 Online bookings https://www.mygc.co.za

Local Pharmacies

Kleinmond	
Albertyn	028 271 4666 / 082 868 4267
The Local Choice -	028 271 3320/ 082 652 4309
Pringle Bay	
Pringle Bay Pharmacy	021 3001716 Emergency 063 6374 430



BETTY’S BAY EMERGENCY SUPPORT - BEST

If you have an “**after hours**” **medical emergency**, BEST is a trained volunteer team of Level 3 Medical First Responders who help to provide immediate assistance in an emergency until professional help arrives.

Please note: BEST are unavailable from 16 December 2024 – 6 January 2025

+BEST
BETTY'S BAY EMERGENCY SUPPORT TEAM
 Volunteer organisation responding to acute medical emergencies in Betty's Bay
 HEART ATTACKS - CRITICAL BLEEDING
 STROKES - FALLS
 DROWNINGS - CHOKING
066 165 6061
 THIS NUMBER IS FOR EMERGENCIES ONLY
 Weekdays – 6pm to 6am
 Weekends/Public holidays – 24Hrs
 We charge nothing for our services and rely on the community for donations and any requirements such as stock or equipment.
 Bank: ABSA NAME: BBRA ACC NO: 4066616439
 BRANCH: 632005 REF: Your erf number followed by the word BEST

They operate from 6pm to 6am.

BEST 066 1656061

NATIONAL SEA RESCUE INSTITUTE (NSRI)



**NSRI EMERGENCY NUMBER
063 699 2765**

- Swim only at beaches with lifeguards on duty.
- Avoid consuming alcohol before swimming.
- Stay alert to the dangers of rip currents.
- Parents, always supervise children with a responsible, sober adult.
- Prioritize safety in and around water at all times.

Hermanus NSRI	082 990 5967
NSRI National Emergency	087 094 9774
National Emergency	112

SECURITY EMERGENCY

Busy holiday seasons are times when criminals may be on the lookout for “easy pickings” out of homes and motorcars – so it’s advisable not to leave any valuables visible. Beggars, fish sellers and people walking around the houses “looking for work” may be scouting houses, so please be on the lookout and take care.

If you have a security emergency, you can call:

Your security service provider	
SAPS	028 2718200
Betty’s Bay Neighbourhood Watch	072 015 5729



ELECTRICITY

Eskom Electricity

There are often power outages in Betty’s Bay. We fall under Eskom and you will need to report the fault on Alfred Bot and obtain a reference number. Contact details for Eskom:

How to contact Eskom in the Western Cape

Eskom's new chat-bot ALFRED!
Report no supply: <https://alfred.eskom.co.za/chatroom/>

MyEskom Customer App.
Available on Google Play Store and iPhone App Store

CALL: 08600 37 566

INTERNET: To access the Eskom Customer service website click on: <https://csonline.eskom.co.za/>

OVERSTRAND MUNICIPAL SERVICES

028 313 8000
General enquiries / accounts

CONTROL ROOM
EMERGENCY NUMBERS... 24 HOURS

028 313 8980
Enquiries: Safety & Security, Fire, Disaster Management

028 313 8996
Law Enforcement: complaints

028 313 8111
Basic Services: burst water pipes etc

028 312 2400
OVERSTRAND FIRE & RESCUE

#OverstrandRAI

For burst municipal water pipes:

Call 028 313 8111 or download the Collaborator Citizen App to report and track service requests.

Google Play Store:

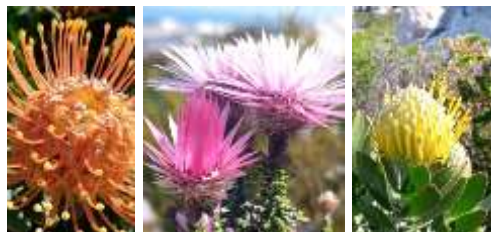
<https://play.google.com/store/apps/details?id=com.collaboratorapp>

To place a request to have your **conservancy tank emptied call:**

Overstrand Municipality 028 2718435

Or use the Collabapp

In busy holiday times there is a huge demand on these services so there may be a waiting time before your tank is serviced (usually 3-4 days but this could be longer during holidays) and it is therefore best to plan in advance to avoid an unpleasant situation at you home.



BETTY'S BAY CONSERVANCY (BBC)

The BBC is committed to raising awareness of "BIOSPHERE LIVING" by educating and encouraging residents to protect our natural heritage every day through how we build, live, work and play in Betty's Bay.

Our vision is that Betty's Bay, located in the Kogelberg Biosphere Reserve, will be a place where people live in a harmonious and sustainable relationship with their natural surroundings, guided by conservation principles



Please visit the Betty's Bay Conservancy website: bettysbayconservancy.co.za for more information on:

[Betty's Bay's Nesting Shorebirds](#); ['Biosphere Living' Lighting](#); [Baboon Education and Awareness](#); [Reuse Recycle Reduce](#); [Be Wild Fire Ready](#) and other "biosphere living" topics.

If you would like to join the Betty's Bay Conservancy, please email bettysbayconservancy@gmail.com

The Betty's Bay Conservancy (BBC) wishes you a safe, fun and "Biosphere living" holiday in Betty's Bay!



Photo credits:

- Pg 1: Lenore Watermeyer (hike, lake and flowers), Pete Oxford (wildlife)
- Pg 2: Carol Clark (sign)
- Pg 3: Keith Hamilton (birds), Pete Oxford (baboon)
- Pg 4 and 5: Internet (dogs)
- Pg 6: Overstrand Municipality (drain); Carol Clark (lights)
- Pg 7: Carol Clark (fire)
- Pg 8: Ann Bradshaw (grysbok), Pete Oxford (bird)
- Pg 9: Grant Immelman (penguins)
- Pg 10: Carol Clark (tortoise), Louise du Preez (flowers)

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